

# *Creating a* **Community Agenda** *for Volusia & Flagler Counties*

## **Promoting Wellness and Protecting Our Health Work Group Meeting #1**

*September 29, 2005, 2:30 p.m. to 4:00 p.m.*

*Indigo North Conference Room, Holiday Inn Express, Daytona Beach*

Lizzie Flynt, Workgroup Chair, called the meeting to order at 2:30 p.m. Staff and their respective roles were introduced and Chairwoman Flynt opened the floor by roundtable introductions. The list of attendees is attached.

Ms. Garnett presented the project overview citing its intent and evolution since inception in 2004. Modeled after Jacksonville's Quality of Life Project, there is a Steering Committee guiding the direction of the workgroups (information available on [www.onevoiceforvolusia.org](http://www.onevoiceforvolusia.org) website). Ms. Garnett reviewed the structure of the project and the process through the first year, ending in May of 2006. Ms. Schlageter defined the individual workgroups and reviewed the priority setting phase of the project (set for the spring, 2006). Members were directed to review the Ground Rules, as posted in the room, and housekeeping issues were stated. The purpose of each workgroup during meeting #1 is to create a vision for the group. Staff directed members to share thoughts regarding what the operational definition of success is in order to promote wellness and protect health during the visioning process.

Ms. Garnett reviewed the intent of brainstorming indicators, citing two examples (i.e. being healthy and children being safe in their homes and neighborhoods). Ms. Garnett stated that during meeting #2, there will be a reality check regarding what data is available and makes for a good indicator.

The floor was opened to the Visioning Process and discussion ensued. The group reached consensus that the vision for Workgroup E: Promoting Wellness and Protecting Our Health would be finalized during the second meeting. A draft will be forwarded electronically by staff which is as follows:

*The community provides access to comprehensive medical and preventive health care services and an environment that promotes healthy living so that individuals have the supports necessary to reach their optimal personal mental and physical health*

In that some indicators were identified during the visioning process, staff will review the notes/information from the flipcharts and provide an overview at the second meeting.

Ms. Schlageter directed members to complete the member questionnaire and meeting critique. There being no further business, the meeting was adjourned. The next meeting will be Thursday, October 27, 2005 from 2:30 p.m. to 4:00 p.m. at the same location.

Meeting #1 Attendees  
 Promoting Wellness and Protecting Our Health

Lizzie	Flynt, Chair	Registered Nurse, Retired Professional
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Alan	Abramowitz	The Department of Children and Families, Steering Committee
Chet	Bell	Stewart Marchman Center
Maria	Bledsoe	One Voice for Volusia
Allison	Bonilla	Central Florida Pregnancy Center
Karen	Cabiac	UF Rainbow Center - Daytona Beach
Dr. Betty	Davis	Citizen
Mary	Derr	West Volusia Hospital Authority Citizen Advisory Council
Sharon	Dorfman	SPECTRA
Larry	Glinzman	American Lung Association of Florida
Gail	Gregory	Mental Health Association/Suicide Prevention
Paul	Heaton	American Red Cross
Cindy	Johnston	Parent
Lize	Kalashian Bell	Healthy Start Coalition of Flagler and Volusia
Glenda	Low	Suncoast Radiology
Gloria	Luther	Healthy Volusia
Linda	Merrell	CHAIN
Lynn	Parfitt	Daytona Beach Leisure Services
Robin	Pollack	Easter Seals of Volusia & Flagler Co.
Bill	Poniatowski	Volusia County Schools
Claudia	Roth	Registered Nurse
Ray	Salazar	The United Way of Volusia/Flagler, Steering Committee
Lisa	Ryals	Boys & Girls Clubs of Volusia/Flagler
William	Ternent	Retired Educator
Karen	Vogt	Children's Advocacy Center
Sam	Willett	Bank of America, Steering Committee
Carrie	Wilson	Healthy Start Coalition of Flagler and Volusia

Carrie	Garnett, Staff	One Voice for Volusia
Lori	Grant, Staff	The United Way of Volusia/Flagler
Shonna	Green, Staff	The United Way of Volusia/Flagler
Deborah	Schlageter, Staff	One Voice for Volusia

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## **Promoting Wellness and Protecting Our Health Work Group Meeting #2**

*October 27, 2005, 2:30 p.m. to 4:00 p.m.*

*Indigo North Conference Room, Holiday Inn Express, Daytona Beach*

Chairperson Flynt called the meeting to order at 2:30 p.m. Chairperson Flynt directed members to the blue handout, requesting they review the recommended vision statement, which was developed according to the draft vision and the suggestions forwarded electronically by members since the first meeting.

Discussion proceeded to finalize the vision. In that members did not reach consensus to approve the recommended vision, it was agreed that should time remain at the end of the meeting, the vision would be revisited in order to do so.

Ms. Garnett led members to the light green handout depicting the indicators identified from the first meeting. She explained that staff sorted the indicators by categories: indicators that the group wants and is likely to obtain data; indicators that need clarification by members; and, indicators that are questionable due to available data/information. Ms. Garnett requested members to take a couple of minutes to review and that the recommended indicators in question or that needed clarification would be moved to the first subset.

Discussion and work ensued. Ultimately, the indicators to be researched included:

1. Unintentional Injury Rates
2. Driving Under the Influence of Alcohol and Drug Use/Possession Arrests
4. Infant Mortality Rates
5. Mental and Behavioral Health Admissions/ Services/Capacity
6. Motor Vehicle Crashes: cause of deaths and injuries; age groups
7. Substance Abuse/Drug Use by service
8. Sexually Transmitted Diseases (teens & all)
9. Cancer
10. Suicide & Attempted Suicide Rates
11. Teen Pregnancy Rates
12. Life expectancy
13. Violence: Crime Rates
14. Healthy Birth Outcomes
15. Immunization Rates
16. Cause of Death
17. Decreased tobacco use
18. Strokes
19. Heart disease
20. Diabetes
21. Rate of HIV/AIDS
22. # of uninsured (DOH survey)
23. Measure of Recreation participation
24. Obesity
25. Institutional polices made related to wellness
26. Reduced emergency room usage for primary care
27. School curriculum & Health information (all demographics)
28. Baker, Marchman #'s
29. Pharmaceutical measurement

**Project Support provided by One Voice for Volusia**  
135 Executive Circle, Ste. 102, Daytona Beach, FL 32114  
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Website: [www.onevoiceforvolusia.org](http://www.onevoiceforvolusia.org)



Members were requested to submit their top 15 indicators from the above list. Staff will collate the “votes” and provide back to members via email the top 15 indicators to be researched and presented at meeting #3. Members will receive the meeting minutes and a summary of reports from Jacksonville within the week. The data to be presented at the third meeting will be forwarded electronically to members approximately one week before the December meeting.

Ms. Garnett led efforts to finalize the vision. Members reached consensus to approve the following vision:

*Our community provides an environment conducive to healthy living so individuals have the support and awareness necessary to reach optimal mental and physical health with access to comprehensive health care and preventive services.*

There being no further business, the meeting adjourned. The **next meeting** will be **Wednesday, December 14<sup>th</sup>** from **2:30 p.m. to 4:00 p.m.** at the same location.

**Meeting #2 Attendees**

Lizzie	Flynt, Chair	Registered Nurse, Retired Professional
Alan	Abramowitz	The Department of Children and Families, Steering Committee
Chet	Bell	Stewart Marchman Center
Allison	Bonilla	Central Florida Pregnancy Center
Karen	Cabiac	UF Rainbow Center - Daytona Beach
Dr. Betty	Davis	Citizen
Mary	Derr	West Volusia Hospital Authority Citizen Advisory Council
Gail	Gregory	Mental Health Association/Suicide Prevention
Paul	Heaton	American Red Cross
Cindy	Johnston	Parent
Patrick	Johnson	Flagler County Health Department
Lize	Kalashian Bell	Healthy Start Coalition of Flagler and Volusia
Glenda	Low	Suncoast Radiology
Gloria	Luther	Healthy Volusia
Lynn	Parfitt	Daytona Beach Leisure Services
Claudia	Roth	Registered Nurse
Lisa	Ryals	Boys & Girls Clubs of Volusia/Flagler
William	Ternent	Retired Educator
Karen	Vogt	Children's Advocacy Center
Carrie	Wilson	Healthy Start Coalition of Flagler and Volusia
Carrie	Garnett, Staff	One Voice for Volusia
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## **Promoting Wellness and Protecting Our Health Work Group Meeting #3**

*December 14, 2005, 2:30 p.m. to 4:00 p.m.*

*Indigo North Conference Room, Holiday Inn Express, Daytona Beach*

Chairperson Flynt called the meeting to order at 2:30 p.m. She directed members to the final vision statement displayed on the table tents. She thanked everyone for their work so far and stated that the objective of today's meeting was to determine up to 10 indicators for recommendation to the Steering Committee for inclusion in the final report (to be released in May, 2006).

Ms. Schlageter referred members to the guidelines in determining the best indicators for Workgroup E (handout). She stated that three issues were identified in all five workgroups – issues related to transportation, poverty, and information and referral – therefore these would be featured by way of special sections in the final report and would not be presented today. There would be a sign-up at the end of meeting for members interested in reviewing the special sections.

Ms. Schlageter led members through the data presentation (handouts). Discussion ensued. Ultimately, the group reached consensus to recommend the following:

1. Deaths by Heart (by rate)
2. Hospitalization With or From Diabetes
3. Infant Mortality
4. Births to Mothers, Ages 10-17
5. Deaths from Stroke
6. Lung Cancer Incidence
7. Births with First Trimester Care
8. Alcohol-Related Crashes
9. Suicide

Members were directed to the “missing” indicators handout. The following was added to the list to prioritize and return to project staff: Recovery from stroke; suicide attempts; intervention for prostate and breast cancer; mammography rates; preventive services utilization and access. It was also noted that in regards to mental health and behavioral indicators, that these should include alcohol and substance abuse/use.

Chairperson Flynt expressed appreciation to all members for their involvement. Staff distributed certificates of appreciation and added that a sign-up sheet was being distributed for members interested in volunteering to serve on two different ad hoc committees which will be working electronically. The two groups will be working on the final report and the special sections (transportation, poverty, and information and referral) respectively. There being no further business, the meeting adjourned.

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## **Meeting #3 Attendees**

Lizzie	Flynt, Chair	Registered Nurse, Retired Professional
Alan	Abramowitz	The Department of Children and Families, Steering Committee
Allison	Bonilla	Central Florida Pregnancy Center
Dr. Betty	Davis	Crimestopper's
Mary	Derr	West Volusia Hospital Authority Citizen Advisory Council
Sharon	Dorfman	SPECTRA
Larry	Glinzman	American Lung Association
Gail	Gregory	Mental Health Association/Suicide Prevention
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Ray	Salazar	The United Way of Volusia/Flagler
Sopheap	Sok	The United Way of Volusia/Flagler
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